



MEET YOUR SCHOOL COUNSELOR!

MRS. HOLLY BENNETTS

STUDENTS WITH LAST NAMES A-E



Kelby, 11
Standard Poodle



Finnick 7 mo

Years at Mercy: 8
(17 years at an all-boys schools)

Favorite Drink: Lavender Matcha

Favorite things to do:
Theatre, hockey games, spend time with family and friends, study college admission trends, volunteer

Family: Husband (school counselor at UDJ), Mackenzie (Mercy 2023 junior in college), Asher (10th grade UDJ), Ellery (10th grade Mercy)

Mercy Tradition: Celebrations

MRS. ARPNA HESSLER

STUDENTS WITH LAST NAMES F-N



Years at Mercy: 28

Favorite Mercy Tradition:
Ethnic Bazaar

Favorite Things to do:
Traveling, spending time with
family/friends, eating

Family:
Husband, 2 sons (17 & 18), dog
(Oli)

Fun Fact: Wearing Heels

MRS. KRISTEN CASEY

STUDENTS WITH LAST NAMES O-Z



Dublin
11 y/o
Goldendoodle

Years at Mercy: 24

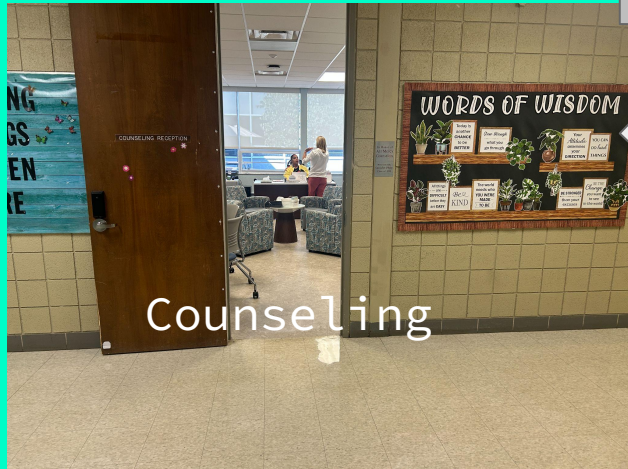
**Favorite Mercy Tradition:
Spirit Week!!**

**Favorite Drink: Starbucks Iced
Brown Sugar Oat Milk Shaken
Espresso**

**Favorite Things To Do: Spending
time with
family/friends, watching my kids
play sports, Pilates, Going Up
North**

**Family: Husband, Liam (senior
at Hope College), Maeve (Mercy
Grad 2025/freshman in college),
dog (Dublin)**

GET TO KNOW YOU



Counseling

Where
to
Find
us



Tech

WHAT We Do

📖 Academics – classes, study tips, organization, working with teachers

💛 Social/Emotional Support – stress, friendships, problem-solving, mental health

🧭 College & Career Planning – exploring interests, choosing classes, future goals



REASONS YOU MIGHT SEE US

📖 You're feeling overwhelmed with schoolwork

📌 You need help figuring out class options

💬 You're stressed, anxious, or just need someone to listen

🎓 You're thinking about your future plans

🤝 You're dealing with a conflict and want support

CONFIDENTIALITY

What you share with your school counselor is *private and confidential*.
This means:

- Most of what you say stays between us.
- We want you to feel safe, supported, and respected.

What is *Confidential*?

- Your thoughts, feelings, questions, or problems
- Things happening at school, at home, or with friends
- Anything you want help or support with

When Your Counselor *Must Share*:

We will only break confidentiality if:

- You are **being hurt**
- You want to **hurt yourself**
- You want to **hurt someone else**

REMEMBER

✨ You don't have to have it all figured out right now – that's what we are here for.

💬 Stop by anytime! If we are not available send an email or let Ms. Willis know you stopped by.